# JUST ADD Water TM simplify your self-care



NUTRIENT PACKED POWER SNACK Chocolate Flavor

> Single Serving Net Wt. 0.85 oz / 24g

FREE SHIPPING ON ORDERS \$99+! JOIN OUR MAILING LIST FOR 10% OFF YOUR 1ST PURCHASE.



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## Healthy at Home Kit





### 7-DAY HEALTHY AT HOME KIT

★★★★★ 4 reviews

\$40.00



Save

Stay powered up and boost your immunity by introducing a little extra self-care into your body and daily schedule. Our balancing rich superfoods drink will help you adjust to the changes and challenges of life with adaptogenic herbs to calm anxiety, antioxidants to help boost immunity, and super greens and vegan protein for elevated energy. This simple addition to your everyday will help you stay healthy at home!

Collection Includes:

7 single serving packs of Just Add Water™

#### The Facts

- Made with organic & natural ingredients
- o Full of superfoods, adaptogenic herbs, power greens & vegan protein
- o Provides essential daily vitamins, minerals, probiotics, prebiotics, dietary enzymes & amino acids
- o Designed to be a simple life hack for your self-care

Directions: Combine 1 packet with 4-6 oz of cold or room temperature water; shake, stir or blend.

Qty

**ADD TO CART** 

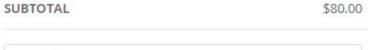






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I have been keeping my clients healthy, balanced, and energized with this special recipe, and I am so excited to share all the benefits of Just Add Water™ with you. Just Add Water™ combines the best nutrient-dense, bioavailable superfoods, and is designed to nourish, energize, and balance your body throughout long, demanding days.

#### SUPERGREENS

Chlorophyll in these supergreens helps alkalize, oxygenate and detox the body.





#### **BROMELAIN**

Found in pineapple, bromelain provides anti-inflammatory properties and can help with rheumatoid arthritis.



#### LUCUMA

Full of antioxidants, this adaptogen aids in digestion and hormonal imbalance.



#### YELLOW PEAS

Yellow peas are a healthy source of vegan plantprotein and is full of dietary fiber.



#### CHICORY ROOT

Full of the healthy soluble fiber inulin, this prebiotic helps with digestion and promotes healthy gut flora.



#### **GELATINIZED MACA**

This bioavailable ingredient boosts energy, increases stamina, strengthens the immune system, supports adrenal glands and stabilizes mood.

Just Add water





































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#### STAR INGREDIENTS



## what we kept

Organic & Natural Ingredients. Superfoods. Medicinal Herbs. Power Greens. Vegan Protein. Daily Vitamins. Minerals. Probiotics. Prebiotics. Dietary Enzymes. Amino Acids.

## what we left











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Sourced from Peru, this super power super fruit is an adaptogen with a long list of amazing attributes and benefits. Full of antioxidants, Lucuma is skin health and also possesses incredible anti-inflammatory, antimicrobial and antifungal properties. Its unique combination of vitamins and mine key mineral phosphorus, aid in digestion and hormonal imbalance.



#### **GELATINIZED MACA**

Though not the rawest form of Maca, this Gelatinized Maca actually packs an extra punch due to the removal of starches, making the nutrients bioavailable for optimal absorption. The gelatinizing process enhances macamides which are known to boost energy, increase stamina, strength immune system, support adrenal glands and even stabilize your mood.



#### **SUPERGREENS**

#### Wheatgrass, Spirulina, Chlorella, Spinach, Barley Grass, Broccoli, Alfalfa

It's common knowledge that green vegetables are full of vitamins and nutrients, but some greens are more powerful than the rest. The darker the g higher the chlorophyll content. Chlorophyll is chock full of amazing vitamins and nutrients with equally amazing benefits like alkalizing the body to nutrient absorption, oxygenating the body to help rebuild and strengthen our blood and detoxing the liver and the body to reduce inflammat



#### **CHICORY ROOT**

Chicory Root is FULL of healthy soluble fiber called inulin. Inulin is a type of plant-based carbohydrate and prebiotic that cannot be broken down b digestive enzymes, so they live in the large intestine and act as food for probiotics. Probiotics are living microorganisms that live inside your gastro tract and are essential to optimal gut health. They aid in digestion by cleaning out the gut and promote the growth of healthy gut flora.

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