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5 Defenders – 45g Bulk Powder

A BLEND OF 5 HIGH QUALITY MUSHROOM EXTRACTS

Description	Supplement Facts	Dosage
<ul style="list-style-type: none"> ✓ Made from extracts of Reishi, Shiitake, Maitake, Turkey Tail mushroom, Chaga sclerotium ✓ USDA Certified Organic ✓ Certified Kosher, Gluten-Free, Non-GMO, Vegan ✓ >20% Beta-glucans, <5% Starch ✓ No added starch, mycelium, or grain of any kind ✓ Bulk Extract Powder, 45 grams, 30-45 servings ✓ Verified for quality at accredited 3rd party labs 		

[A capsule version is available here.](#)

\$34.95 90 reviews

- One-time purchase: \$34.95
- Subscribe & Save (15%): \$29.71
-  [Subscription details](#)

Quantity

1 ADD TO CART 

Order On  amazon.com



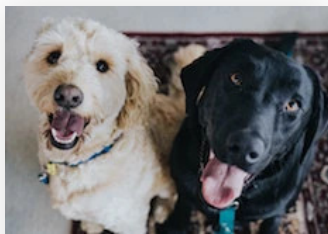
Add To Your Smoothie
Upgrade your next shake or smoothie with Real Mushrooms extract powders.



Add To Coffee & Tea
Boost your morning beverage to give you that little extra to make it through the day.



Add To Your Recipes
Spice up your favorite meals by adding mushrooms. Soups, stews, bone broth, you name it.



Pet Friendly
Healthy and safe for your pets too. Prescribed by many holistic veterinarians.



Our Focus Is Mushrooms

With over 40 years of mushroom growing experience, we focus on mushrooms and that's what we stick to.



Practitioner Approved

Over 250 practitioners are prescribing Real Mushrooms and know and trust the level of quality we provide to their patients.

No Grain Fillers, Only The Good Stuff



After many years of using a variety of medicinal mushroom products, I feel a qualitative improvement in my health and wellness since I switched to Real Mushrooms. I start each day with 5 Defenders and feel fantastic.

NJ



All our products are 100% mushroom with no grains, m fillers, unlike so many other 'mushroom' products out th



Verified Active Compounds

All our products have verified levels of beta-glucans, th important compound in mushrooms.


What Customers are Saying


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ed on 90 reviews [Write a review](#)

 **ghly recommend this mix.**

 **ndy on Mar 10, 2020**

 ve been adding a teaspoon of five defenders into my morning drink all winter, and have remained amazingly healthy. It began as a subtle feeling, and over time e consistency, I can feel how much stronger my immune system is. I don't have to bundle up - wear as many layers on cold or rainy days. Even as the stress at work r

 ained healthy and didn't succumb to the flu or a cold. I love the high grade of this particular brand. Highly recommend this mix.

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Thank you Skye for this top product.

In-ina on Mar 07, 2020

This is my regular supplement since my breast cancer operation 3 years now. Mushrooms are supposed to, so I have read prevent and help recovery from cancer. I Defenders to have all the well known mushrooms documented to help. So as soon as I was diagnosed I started to take whatever form of these mushrooms I saw loc online I found 5 Defenders which I make a tea of it and drink warm. I feel it does help with my well-being and my recovery as good till now and shipping has been rel whether to Asia or Europe where I mostly travel. Thank you Skye for this top product.

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The kingdom 'Fungi'

Jay Carpenter on Feb 20, 2020

I find it is really quite fascinating, and quite interesting; that is concerning the nature of producing such items of/from so complex an organism, comprising those spec within the kingdom 'Fungi'.

My suggestion/recommendation would be to conduct much personal research (reading the scientific literature, and sourcing directly 'relevant' information; such as a scientific papers, being careful to discern the nature of the bias associated with it/each, considering, and pursuing multiple lines of inquiry; such as the means of func such research, and the potential implications that said 'research', may afford to interested parties/organisations; and the results garnered; and of what it may offer; fc this, and if the evidence is to be believed, than it would seem that these compounds, may provide some positive, and beneficial effects; again 'experimentation' may protocol/procedure concerning this.

It is of a significant importance, or seemingly so, that one may also consider, and address the nature of how such practices as these, affect/impact upon, not only the physiology of an organism (such as human beings) and of the behaviours resulting, although also of the environmental impact, and issues of sustainability, and of re conduct throughout the process(es).

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I can feel the difference compared to other products.

Diana on Feb 08, 2020

Using this as part of a cancer treatment protocol. Very powerful formula with high quality ingredients, not filler. I can feel the difference compared to other products. I formula to my morning chaga tea.

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So far so good

Whit Norris on **Feb 05, 2020**

So far so good, a very nice product with a surprising amount provided. The mushroom powder goes well with everything from coffee to smoothies extremely well, Ne to try the Lion's Mane.

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This is a review on the 5 Defenders Chocolate.

Cecelia Rausch on **Jan 27, 2020**


This is a review on the 5 Defenders Chocolate. My husband and I like the taste and a very easy way to take the mushrooms.

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I certainly owe a lot of that to the 5defenders

anda A on **Jan 26, 2020**

I've used the 5defenders quite a few times recently due to flu season. I add one to two doses in my morning or evening smoothie and I cannot taste a thing! It certainly helps right in. I feel this with a combination of elderberry has truly made my body extra immune boosting. I don't find myself feeling sick at all even when everyone else is in sick place is. I certainly owe a lot of that to the 5defenders

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Strong taste but you don't fully recognize it in coffee

laurie on **Jan 26, 2020**

Strong taste but you don't fully recognize it in coffee

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He is feeling great

Karen on **Jan 26, 2020**

My dog Tazer takes 5 Defenders and is helping him. He is feeling great

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Top notch, tastes amazing, I feel vibrant & nourished.

Karynne on **Jan 26, 2020**

Top notch, tastes amazing, I feel vibrant & nourished. I put it in my tea every morning & when my cup is finished I'm always sad because it taste so good I never wanted to end. I've tried other brands that are a little bit cheaper, they can't compare. Taste, or effect. I stay healthy with the five defenders!

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
137 reviews


151 reviews


70 reviews


60 reviews

 Mane Extract - 60g Bulk Powder
\$29.95

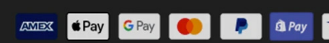
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 Cordyceps-M - 60g Bulk
\$29.95



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