



Level	Resistance (lbs)
Level 1	10
Level 2	15
Level 3	20
Level 4	25
Level 5	30
Level 6	35



DYNAMIC RESISTANCE BAND

\$12.99

LEVEL

QUANTITY

Level 1

-

1

+

ADD TO CART

The Dynamic Resistance Bands are used to add resistance for various functional exercises as well as assist with movements such as pull ups.

- Made of premium rubber for long life.
- Color coded and marked with resistance levels 1 through 6

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