

In 2016, Children's Mercy and Sporting Kansas City began a ground-breaking, long-term partnership. Together, these two prominent Kansas City organizations are working to create positive change in the health and well-being of our community. Bullying has become an increasingly prevalent problem in Kansas City. Both kids who are bullied and kids who bully others can have long-term mental and physical health concerns. Children's Mercy and Sporting KC are teaming up to help kids, teens and adults speak up against bullying. By using the iconic soccer red card—a widely recognized symbol of unacceptable behavior—Red Card KC calls attention to the problem of bullying and encourages positive behavior at schools, on playgrounds, and in the community.

Major League Soccer (MLS), the top-flight men's professional soccer league in the United States and Canada, is proud to offer Red Card + MLS Actions Matter in partnership with EVERFI. This new bullying prevention program prepares future leaders by providing students with tools designed to train them on how to change behavior and create a positive environment in-school, on social media and throughout their community.



Grade Level: 8-11 **Length:** 6 lessons; 10 minutes each

Curriculum Fit: Health, Advisory/Homeroom, Freshmen Studies

Standards Alignment: National Health Education Standards (NHES) CASEL SEL Competencies

Comprehensive Resources

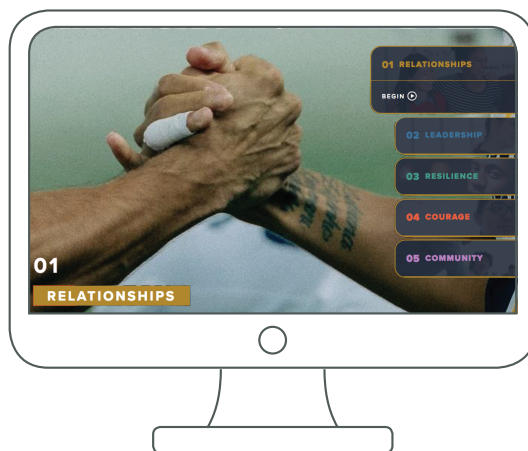
Digital Lessons: Self-paced digital activities put students into real-life scenarios to apply what they are learning about leadership, resilience and community into the context of bullying prevention.

Educator Resources: Standards aligned lessons and discussion questions provide educators with effortless classroom integration.

Capstone Project: Students can take what they learn in the lessons to create positive change in their own schools through a capstone project. Educators receive a companion implementation guide.

Topics Include

- Define bullying behavior
- Recognizing leadership potential in oneself
- Practicing upstander intervention
- Developing a sense of resilience
- Contributing to a positive school community



Course Flow



Lesson 1

Relationships



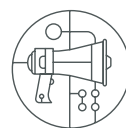
Lesson 2

Leadership



Lesson 3

Resilience



Lesson 4

Courage



Lesson 5

Community

For more information about bringing this career development resource to your school or district, visit everfi.com/k-12