

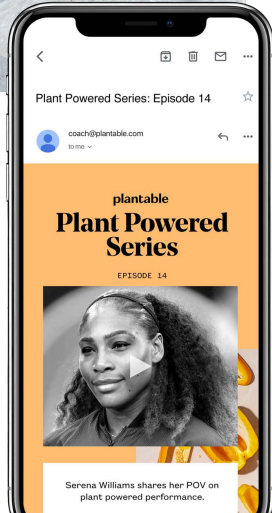


Meet

# plantable

A fully immersive program that empowers people to eat healthy, for life.





Plantable's mission:

# End the epidemic of diet-related chronic disease.

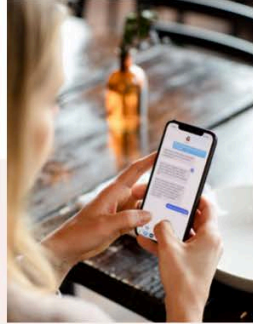


# Plantable is the all-in-one platform to reset eating behavior. For good.



## Nutrient-Dense Food

- Plant-based
- No added sugar
- Whole grain
- Delivered to your door



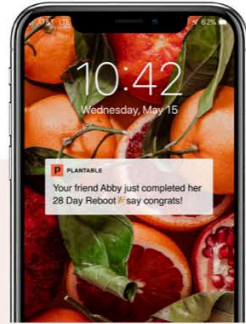
## On-Demand Coaching

- 24-7
- Private one-on-one coaching
- Access to registered dietitians



## Educational Curriculum

- Curriculum tailored to needs
- From thought leaders people respect
- Motivation and education



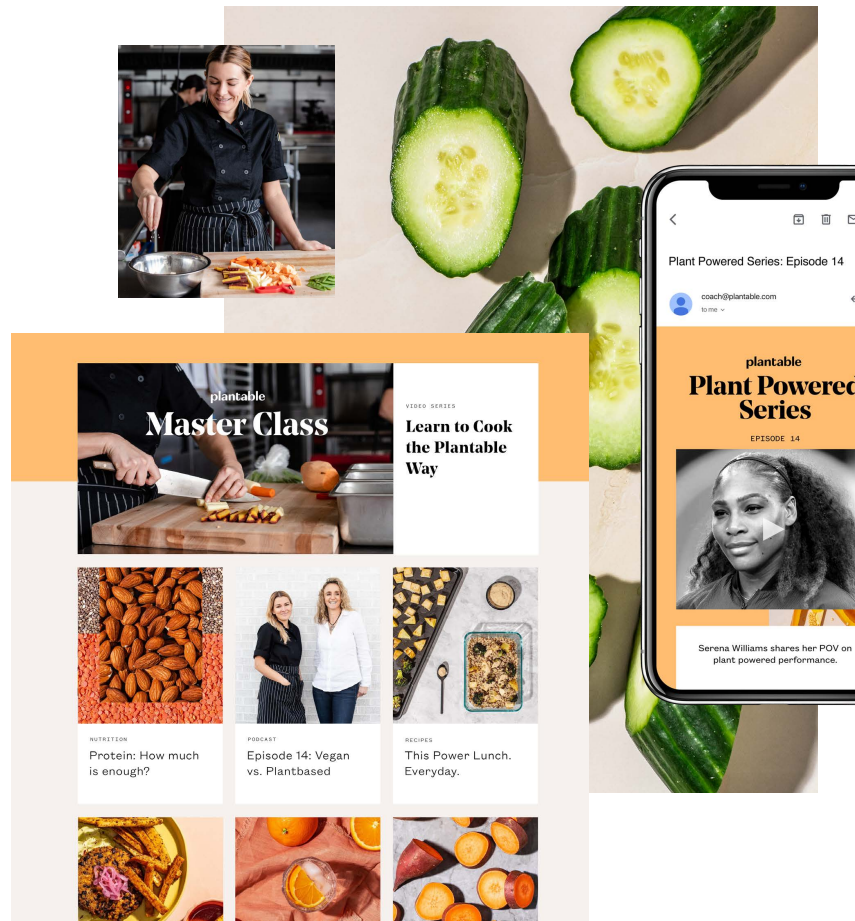
## Community Support

- Grads and peers alike
- In it together
- For support and success

Product enhancement

# Educational curriculum.

- Design curricula based upon channel (health reset, weight loss, cancer support, performance)
- Production of daily 30-60 second video content
- Gamification - progress monitoring for engagement and adherence
- Development of post Reboot tools to maintain lifestyle



Product enhancement

# On-demand coaching.

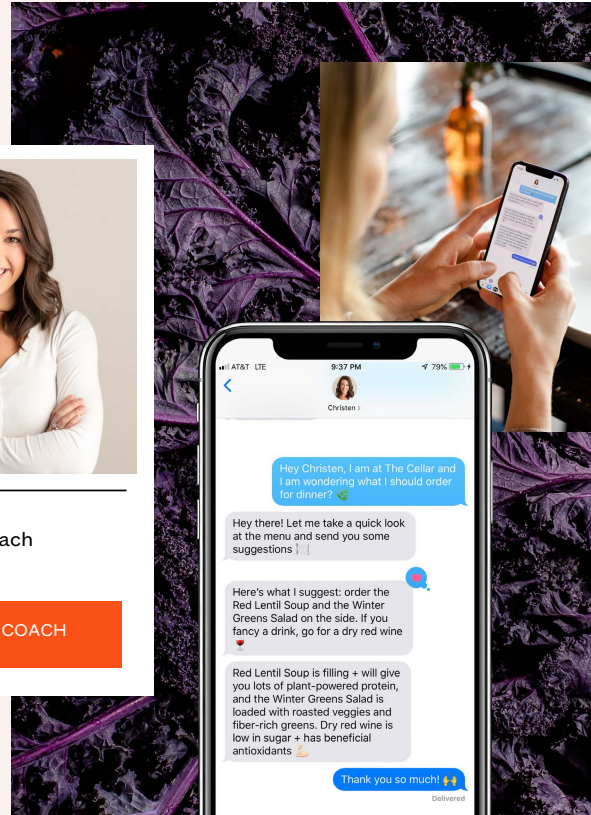
- Private, one-on-one, real people
- Push technology to network of Plantable-trained coaches, including R.D.s for specific medical needs
- Utilize AI and BOT prompts for engagement
- Coach sharing economy, paid per client engagement



Christen H.  
Plantable Coach



SELECT COACH

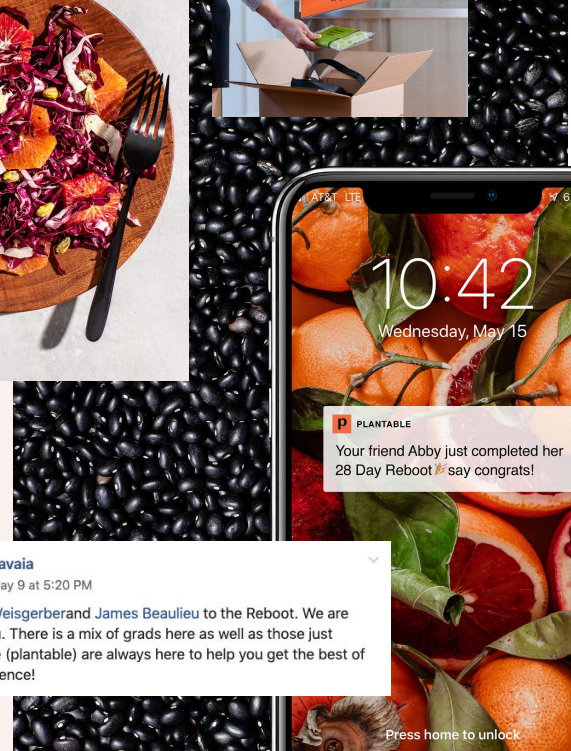


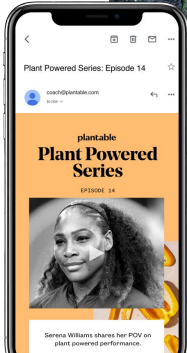
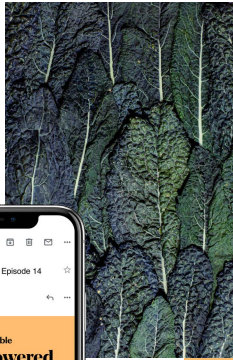


Product enhancement

# Community support.

- Grads and peers alike
- Private challenges and group / team structure
- In it together for support
- Peer-level coaching
- Curated product discernment for life after Reboot





Join us

# We can end diet-related chronic disease

plantable

