

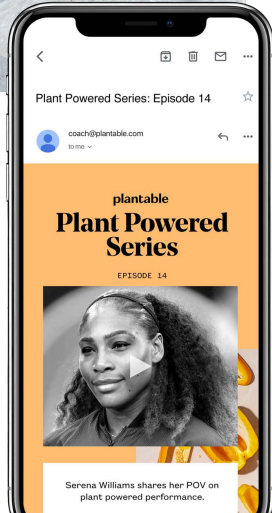


Meet

plantable

A fully immersive program that empowers people to eat healthy, for life.





Plantable's mission:

End the epidemic of diet-related chronic disease.

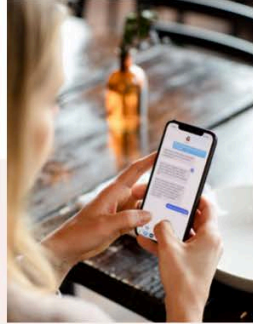


Plantable is the all-in-one platform to reset eating behavior. For good.



Nutrient-Dense Food

- Plant-based
- No added sugar
- Whole grain
- Delivered to your door



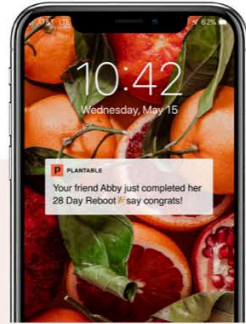
On-Demand Coaching

- 24-7
- Private one-on-one coaching
- Access to registered dietitians



Educational Curriculum

- Curriculum tailored to needs
- From thought leaders people respect
- Motivation and education



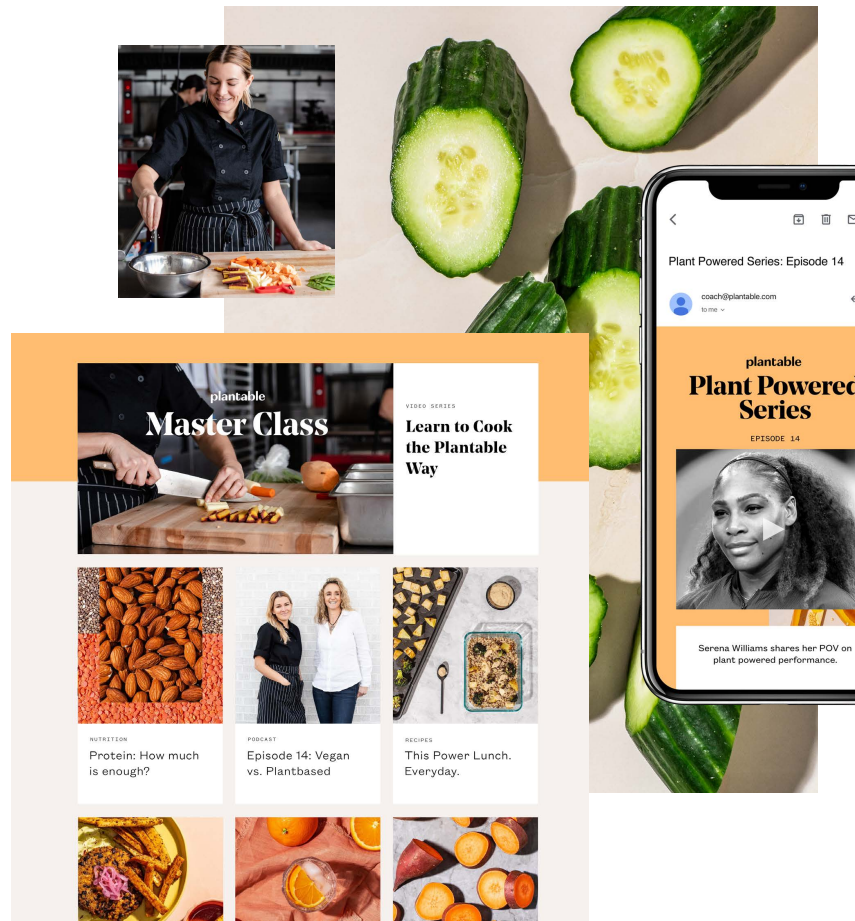
Community Support

- Grads and peers alike
- In it together
- For support and success

Product enhancement

Educational curriculum.

- Design curricula based upon channel (health reset, weight loss, cancer support, performance)
- Production of daily 30-60 second video content
- Gamification - progress monitoring for engagement and adherence
- Development of post Reboot tools to maintain lifestyle



Product enhancement

On-demand coaching.

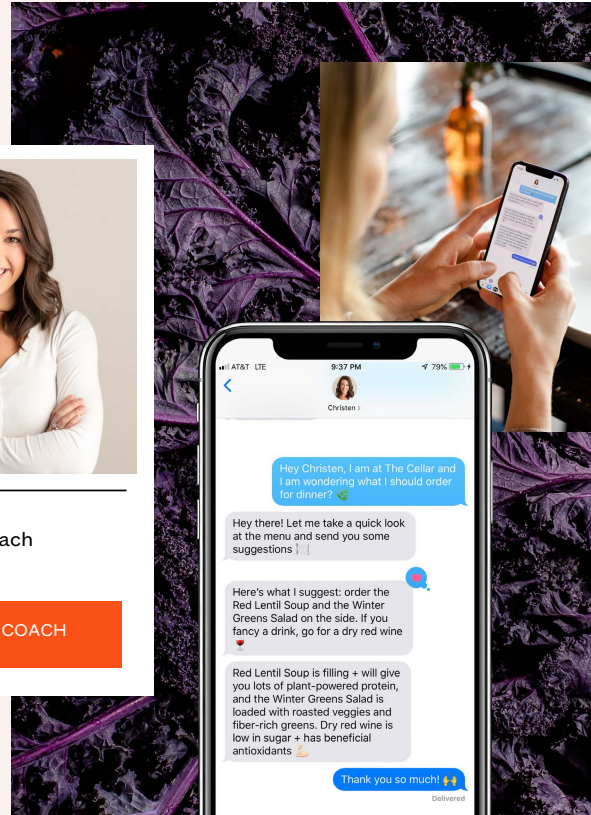
- Private, one-on-one, real people
- Push technology to network of Plantable-trained coaches, including R.D.s for specific medical needs
- Utilize AI and BOT prompts for engagement
- Coach sharing economy, paid per client engagement



Christen H.
Plantable Coach



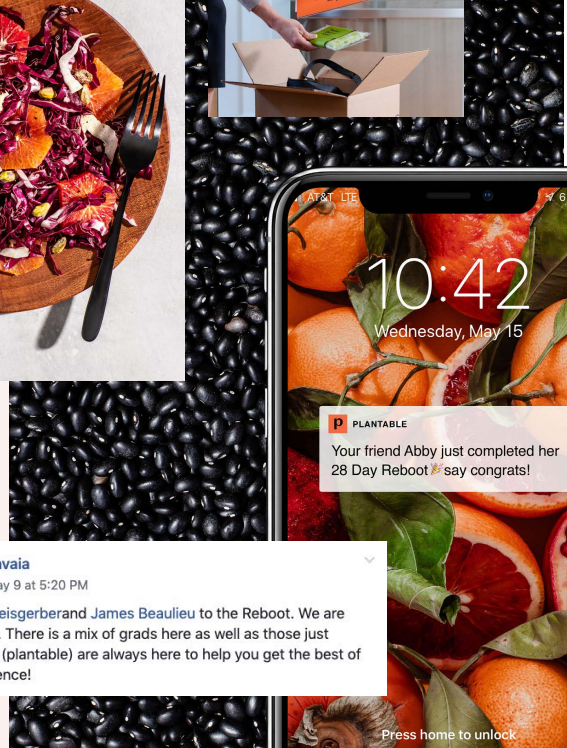
SELECT COACH



Product enhancement

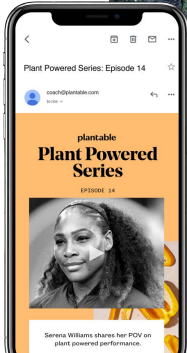
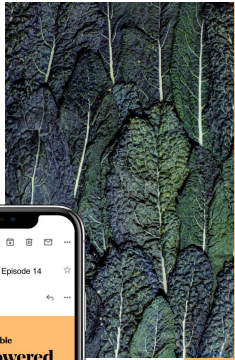
Community support.

- Grads and peers alike
- Private challenges and group / team structure
- In it together for support
- Peer-level coaching
- Curated product discernment for life after Reboot



 **Nadja Pinnavaia**
Admin · May 9 at 5:20 PM

Welcome Crystal Weisgerber and James Beaulieu to the Reboot. We are excited to have you. There is a mix of grads here as well as those just starting off, and we (plantable) are always here to help you get the best of your Reboot experience!



Join us

We can end diet-related chronic disease

plantable

