

Men's Fitness

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Launched in 1999, Men's Fitness is a monthly men's lifestyle, health and fitness magazine. It covers health, fitness, nutrition and lifestyle. Men's Fitness aims to deliver an edgy, witty editorial stance on health and fitness that encapsulates the attitude of older, open-minded, health aware, affluent male consumers.

Reach: 25,823,851 PVPM

Media Value: \$5,307

Link [Here](#)

5 essential pieces of gear to transition from the gym to work

Seamlessly move from from the locker room to the boardroom with some of our favorite products.



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3. Air Purifying Bags: Mini Moso Bag

Don't make a big stink about your morning routine. These Mini Moso Natural Air Purifying bags will ensure a dry and smell-free environment for your bag or sneakers. Each bag contains 100% moso bamboo charcoal that absorbs any evidence of your morning workout, so you can preserve your bag—and your dignity. (\$10, mosonatural.com)

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