

ON OUR SLEEVES™

The Movement to Transform Children's Mental Health

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Because we don't wear our
thoughts on our sleeves

On Our Sleeves™ is the movement to transform children's mental health.

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Sign up for email updates and become an advocate.

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Partner

Learn how your company can partner with the *On Our Sleeves* movement.

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Get Resources

Get help and find resources for mental health.

[Access Resources](#)

Latest *On Our Sleeves* News



Advocate with Julia

Thank you, Julia, for sharing your journey from patient to advocate with the *Today Show*.

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Wait Times

Tips to help your child while waiting for behavioral health services.

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Find Resources in your State

Find behavioral health services in your state.

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1 IN 5

kids has a mental health illness



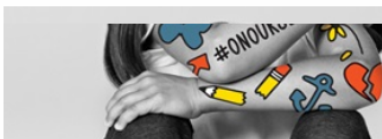
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If things don't feel right,

reach out to a trusted adult

If you or your child need immediate help due to having suicidal thoughts, go to your local emergency room immediately, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or you can reach the Crisis Text Line by texting "START" to 741-741.

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25.00

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