

ON OUR SLEEVES™

The Movement to Transform Children's Mental Health


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What Is On Our Sleeves™?



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What Is On Our Sleeves™?

In some way, mental illness touches everyone. You may have a family member, friend or child who is living with a mental illness. For children, especially, the statistics are sobering.

One in five children is living with a mental illness, and 50 percent of all lifetime mental illnesses start by age 14.

We are in a national crisis.

We believe in caring for the whole child - that mental health is just as important as physical health. Yet across America, children's mental health is an often overlooked and vastly underfunded component of pediatric health. Further troubling, only one child psychiatrist is available for every 15,000 youths younger than 18. Lack of healthcare resources and funding only complicate and hinder efforts to make significant changes that impact our youth during these critically important formative years.

It's time to have a conversation about our children, to raise our voices for this important cause.

The *On Our Sleeves* movement, launched on World Mental Health Day 2018, is on a national mission to break the silence surrounding children's mental health. With free on-line content and resources, *On Our Sleeves* is offering hope to families navigating mental health issues in their own lives. There are also conversation starters and tips for friends, families and co-workers who want support children living with mental illness.

All content and resources have been developed with the mental health experts at Nationwide Children's Hospital. Working with one of America's leading voices in pediatric mental health, we are determined to offer hope. *On Our Sleeves* has created a network of support around the millions of families around the country living with mental illness by addressing the stigma associated with this diagnosis and providing the tools necessary to improve behavioral health outcomes.

In addition to advocacy and education, *On Our Sleeves* supports accelerating Behavioral Health research with a focus on Nationwide Children's Hospital, which operates the nation's largest program for child and



See what people are saying about On Our Sleeves.

adolescent behavioral health. In March, 2020, Nationwide Children's will dedicate the [Big Lots Behavioral Health Pavilion](#) with the goal of developing a national model for pediatric mental health care and research. The experts at Nationwide Children's Hospital will expand clinical access for families, develop targeted prevention efforts and initiate research to better understand the causes and most effective treatment of behavioral health conditions. Learnings gained from the clinicians and scientists at Nationwide Children's will be freely shared to improve care for children everywhere. These discoveries will ultimately fulfill our mission and the promise of *On Our Sleeves to improve outcomes for children living with mental illness*.

Join us in this empowering movement for children's mental health.

Partners

Learn more about our generous corporate partners for their support of *On Our Sleeves*.

Meet Our Champions

Meet the business and community leaders championing children's mental health.

Patient Stories

Meet some of our patients and families who are courageously sharing their story of their mental health journey.

Media Center

Welcome to the *On Our Sleeves* media center.

FAQ

Want to learn more about the *On Our Sleeves* movement? Check out our frequently asked questions.

#OnOurSleeves Gallery

See what people are saying about *On Our Sleeves*. Want to participate? Click here to get involved and share on your social media with #OnOurSleeves.

Join Us

Sign up for behavioral health resources, information and advocacy opportunities.

Join the movement to transform children's mental health.

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Social Media at Nationwide Children's



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Nationwide Children's Hospital is a 501(c)(3) non-profit organization. (EIN: 31-1036370)

If you or your child need immediate help due to having suicidal thoughts, go to your local emergency room immediately, call the Nationwide Suicide Prevention Lifeline at **1-800-273-TALK (8255)** or you can reach the Crisis Text Line by texting "**START**" to **741-741**.

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