



Mac

iPad

iPhone

Watch

TV

Music

Support



## App Store Preview

This app is available only on the App Store for iPhone, iPad, and Apple TV.



### Calm 4+

Meditation and Sleep Stories

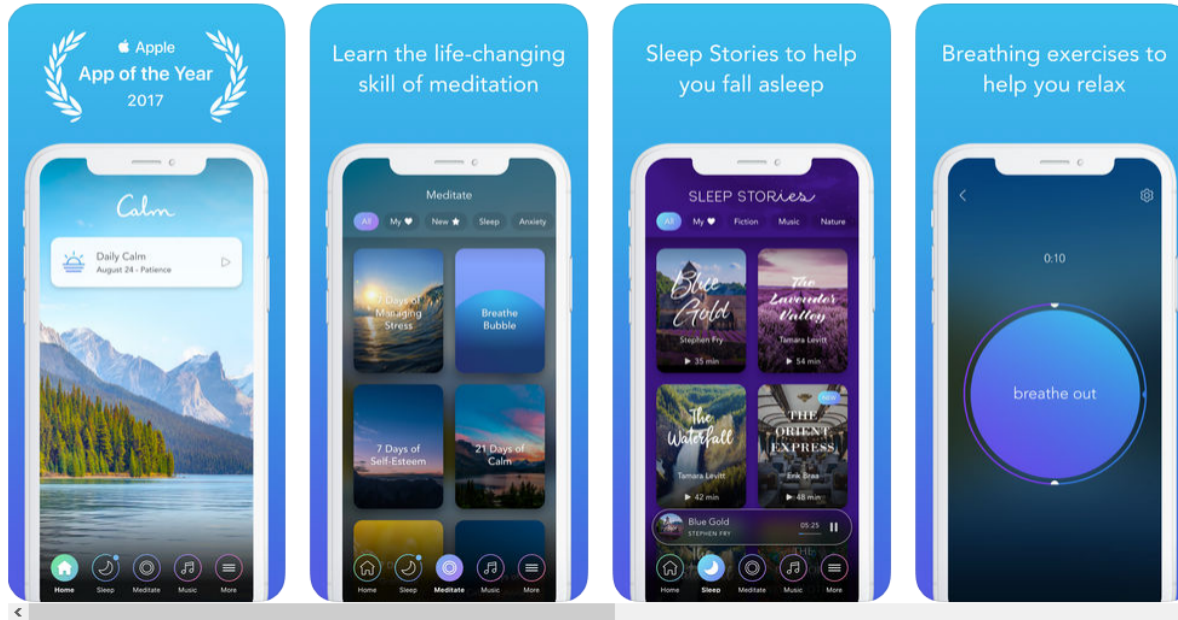
[Calm.com](https://calm.com)

#1 in Health & Fitness

★★★★★ 4.8, 400.8K Ratings

Free - Offers In-App Purchases

### Screenshots iPhone iPad Apple Watch Apple TV



\*\* Best of 2018 Award Winner \*\* — Apple

\*\* 2017 App of the Year \*\* — Apple

\*\* Happiest App in the World \*\* — Center for Humane Technology

[more](#)

### What's New

[Version History](#)

Thanks for using Calm! This update contains multiple bug fixes and performance improvements.

Version 4.9

Be sure to listen to our newest Sleep Stories including one of Pinocchio and a friendly cricket in search of...

sumner by actress Keegan Connor Tracy. Join celebrated actor and storyteller LeVar Burton for an awe-inspiring journey across our beloved solar system in "Journey to the Stars." And don't forget to listen [more](#)

## Ratings and Reviews

**4.8** out of 5

400.8K Ratings



bgschubert, 04/12/2019

### Life changing

I used to use Headspace for meditation (which is a fine app - especially if you're just getting started) but Calm has helped me take things to a whole other level. The Heads [more](#)



TrizzyGods with mel 🍌👤👤, 05/10/2019

### See you as you not the half filled cup you b...

Look if you catch yourself with somebody that's pride stamina is exceeding past it's ordinary limits, then fairness comes to say this app seems boring, your to coo for who? [more](#)

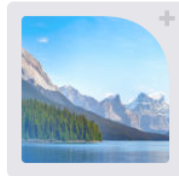


Gallery Hopping NYC, 10/30/2018

### Believe the hype

Need help with a guided meditation to help clear and calm your mind? I use CALM daily in my mindful journey. I've developed techniques that help me combat a busy and destruct [more](#)

## Subscriptions



Calm Premium

Unlock all Calm Premi...  
Free Trial

## Information

Seller	Calm.com, Inc.						
Size	154.5 MB						
Category	<a href="#">Health &amp; Fitness</a>						
Compatibility	Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch. Apple TV.						
Languages	English, French, German, Spanish						
Age Rating	Rated 4+						
Copyright	© Calm.com, Inc.						
Price	Free						
In-App Purchases	<table><tr><td>1. Calm Premium</td><td>\$69.99</td></tr><tr><td>2. Calm Premium</td><td>\$59.99</td></tr><tr><td>3. Calm Premium</td><td>\$59.99</td></tr></table> <a href="#">more</a>	1. Calm Premium	\$69.99	2. Calm Premium	\$59.99	3. Calm Premium	\$59.99
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2. Calm Premium	\$59.99						
3. Calm Premium	\$59.99						

[Developer Website](#) ↗ [App Support](#) ↗ [Privacy Policy](#) ↗

## Supports



### Family Sharing

With Family Sharing set up, up to six family members can use this app.

## More By This Developer



Checky - Phone Habit ...  
Productivity

## You May Also Like

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Headspace: Meditatio...  
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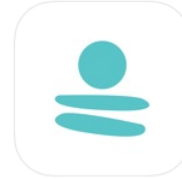
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Breathe: Sleep & Medi...  
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