

## Welcome to PrimeHealth

### About

Dr. Soyona Rafatjah is a board-certified Family Medicine Physician and Functional Medicine expert. She specialized in **reversing digestive conditions, thyroid conditions** and **type-2 diabetes**, and deeply passionate for helping her patients thrive.

Are you frustrated about not feeling well despite your medical care? We help you address the root cause and potentially reverse your condition so you can live your life to the fullest.

Don't wait any longer. Take control of your health & [schedule your free consultation](#) today.

[LEARN MORE](#)

[SCHEDULE A FREE CONSULT](#)



## Member Services

We provide exceptional Primary Care and Concierge Medical services using all of the tools that science, nature, and technology have to offer in order to approach vitality and optimal function.

### 24/7 DOCTOR ACCESS

We are available to you 24/7 by email, text, phone, and video conference.

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### PERSONALIZED WELLNESS PLAN

We will work together to create a Personalized Wellness Plan designed uniquely for you.

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### HOME VISITS

Your doctor and health coach can come directly to you, wherever that may be.

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### COMPREHENSIVE INITIAL VISIT

Comprehensive initial visits are 90-minutes and available to all prospective members.

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### PRIME HEALTHSPAN DURATION

Healthspan is the time spent healthy and free from chronic illness. We have created a roadmap to get there.

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### TOP SPECIALIST REFERRALS

We partner with top specialists, ensuring that you always receive the best care.

[Read More >](#)

### SAFEKEEPING OF MEDICAL RECORDS

Medical records are securely stored and always accessible in your online patient portal.

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### UNLIMITED DOCTOR VISITS

Members receive unlimited doctor visits and a Comprehensive Yearly Physical.

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### HEALTH COACHING

Your Health Coach provides the support to implement health and lifestyle strategies at your pace.

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### CARE COORDINATION

We coordinate, manage and synchronize your healthcare received outside of PrimeHealth.

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### CUTTING EDGE & IN-DEPTH TESTING

We use progressive and research-backed testing, chosen specifically for you.

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### VIDEO CONFERENCING

Meet face-to-face with your doctor or Health Coach, wherever you are, using a HIPAA compliant interface.

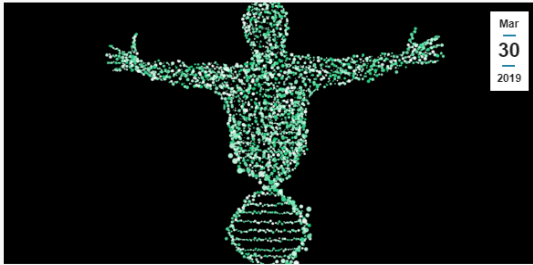
[Read More >](#)

### PROFESSIONAL GRADE SUPPLEMENTS

We only recommend pharmaceutical-grade, quality-verified and 3rd party tested supplements.

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The Latest Functional and Integrative Medicine News and Events from  
PrimeHealth Denver



### Your Genes – Informative, NOT Deterministic.

By Dr. Soyona Rafatjah • March 30, 2019

Genes – Informative, not Deterministic. Genes should inform your decisions, they should not determine your life. Our genes should guide behavior so that we can mitigate risks of developing certain illnesses. Many scientists believe that genes encompass 20% of who we are, while our daily choices, actions, and environment compose the other 80%. We have...

[read more >](#)



### How to Minimize Your Body's Heavy Metal Load

By Dr. Soyona Rafatjah • March 21, 2019

If you're struggling with fatigue, brain fog, digestive troubles or anxiety, it may be time to lower your exposure to heavy metals through heavy metal detox. If you suspect heavy metal toxicity, consider being tested for metals by your health care professional. At PrimeHealth, we help patients to lower their heavy metal load and decrease...

[read more >](#)

[> More Blogs](#)

Have any questions? Send us a Message

[CONTACT US](#)

## Meet Our Team



### DR. SOYONA RAFATJAH BOARD-CERTIFIED MEDICAL DOCTOR

Soyona Rafatjah, MD is a board-certified Family Physician who practices Integrative and Functional concierge medicine at PrimeHealth in Denver, CO and is passionate about helping her patients reach their health goals.

[LEARN MORE >](#)



### LUKE SCHMIDT MANAGER

Luke Schmidt is Manager and Co-Founder of PrimeHealth. He is passionate about wellness and exceptional healthcare delivery using a personalized, comprehensive, and team-based approach.

[LEARN MORE >](#)



PrimeHealth Denver

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(303) 335-9092

Address:

Important Links

- [> Frequently Asked Questions](#)
- [> Members Services](#)

Latest News & Events



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» [FREE Consult](#)



[How to Minimize Your Body's Heavy Metal Load](#)

March 21, 2019

