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An overview of the TS workout and PaullyB's Biography.



The Principles of an Animated Workout!



Product Prototypes of the TS workout.



Paully B's Dreams for the TS Workout.

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My workout best buddy! Goes with me on hikes and turns parks into gyms.



The cooler that becomes a gym! Cooler than Cool!



Amazing push, pull accessories of the TS Workout.



Bring the trees inside the house!



Get a back massage as you workout!



The little Flex Board. The TS warm up station!



The coziest exercise bench ever. Custom made for TS Flex!



TS gets you flexing, even when your laying on the couch!



The bench made for TS flexing, in front of the TV!