

Club Sports

Syzygy

[Syzygy site](#)

Check our our website here -->

[SYZYG](#)



[Syzygy at Stanford \(2013\)](#)

Syzygy is one of Carleton's women's ultimate teams. A syzygy is the alignment of three heavenly bodies (planets, moons, stars, etc).



Club Officers 2018-19

Club Sports

Member Registration

Events

Officer Forms

Club Sport Guidebooks

Athletic Trainer

Hours/Sports Medicine

Safety Officers

Contact Information

Club Sports Council

Related Documents

[Nutrition](#) (21834 KB Compressed ZIP Archive)
Nutrition Resources for Athletes

[Transgender](#)

[Participation Policy](#)

(321 KB PDF Document)
Policy for the participation of Transgender athletes within Club Sports, Intramurals and Varsity Sports.

Captain: Maya Powell

Captain: Karen Ehrhardt

Treasurer: Sylvie Polonsky

Treasurer: Anna Stubbs

Safety Officer: Eliza Skoler

Interested in Syzygy? Contact Maya Powell

(powellm2@carleton.edu)

2018-2019 Practice Schedule

Coming soon!

2018-2019 Competition Schedule

Coming soon!

Club History

In 1982 the team was created, but for the first year we were known as the Marines. It started out as a womens IM team, but to be a legal team they needed a "few good men" for gender distribution. In 1983 they formed a team for intercollegiate play and the two men who had played with them at home came along to help assist in coaching.

The first tournament they played was Sectionals at Carbondale Illinois. The college gave them \$50 to rent a van and they drove through the night to play three games the following day.

Other Club Sports

Aikido

Applies principles of the fighting arts toward the goals of peace, harmony, and self-improvement.



[Help support outstanding athletics at Carleton College.](#)

[Handbook](#)

[Club Sports Manual](#)

Register for [American Heart CPR and AED Certification Course](#)

Alpine Ski and Snowboarding

Provides the Carleton community with an opportunity to explore the joys of alpine skiing and snowboarding, both as a sport and as a recreation.

Badminton

Gives members of the Carleton Community an opportunity to play Badminton on a regular basis.

Ballroom Dance Team

We practice a wide variety of Ballroom and Latin dances at the competitive level. Think Dancing with the Stars, Carleton style.

CUT (Carleton Ultimate Team)

One of the nation's dominant teams in men's college ultimate.

Cycling

Promotes bicycle road racing at the College.

Eclipse

Provides a fun and encouraging environment for women to develop ultimate frisbee skills and compete at an intercollegiate level.

Equestrian

Competes in horse shows and provides lessons in horsemanship.

GOP (Gods of Plastic)

A competitive Carleton men's ultimate team.

Karate

Offers instruction in traditional Okinawan Karate

Men's Ice Hockey

Men's Ice Hockey provides Carleton students of all skill levels an opportunity to play competitive club hockey in the Midwest.

Men's Lacrosse

The Carleton Men's Lacrosse team is a competitive intercollegiate program in the Upper Midwest Lacrosse League, a group featuring a number of MIAC schools.

Men's Rugby

Core Principles: 1. Playing rugby 2. Singing songs 3. Finding joy in back pain

Men's Volleyball

Offers intercollegiate competition and instruction

Nordic Skiing

A team of people who enjoy cross country skiing and racing at a competitive level.

Sailing

Sails and races small sailboats locally and in intercollegiate regattas

Synchronized Swimming

The Club Sport program welcomes the arrival of the Synchronized Swimming team.

Syzygy

Syzygy is one of Carleton's women's ultimate teams.

Table Tennis

A forum for skilled veterans and eager beginners alike to learn, teach, share and enjoy the extraordinary game that is Table Tennis.

Tae Kwon Do

Engages in practice and competition of this ancient Korean martial art.

Tennis

Carleton's competitive tennis team

Water Polo

Provides water polo instruction, practice, and local competition.

Women's Hockey (WHAC)

Provides the opportunity to participate competitively in the great game of hockey.

Women's Lacrosse

Teaches the basics and provides intercollegiate competition for players of all experience levels.

Women's Rugby

Anyone interested in trying a new sport is encouraged to come out and play with us. We promise that playing rugby will be one of the best decisions of your Carleton career.