



## ABOUT THE APPLE HEART STUDY

The Apple Heart Study app uses data from Apple Watch to identify irregular heart rhythms, including those from potentially serious heart conditions such as atrial fibrillation. Apple is conducting this research study in collaboration with Stanford Medicine to improve the technology used to identify irregular heart rhythms and to accelerate the discovery in heart science. Early diagnosis and treatment of irregular heart rhythms may prevent serious health issues. For more information, please visit: apple.com/watch/apple-heart-study.

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## THINGS TO KNOW ABOUT ePATCH

How long should I wear ePatch?

A: Once applied, continue to wear ePatch for a maximum of 7 days.

What if my ePatch begins to fall off, and I have not completed 7 days of monitoring?

A: Your monitoring kit includes a second patch. Refer to page 12 for removal and replacement of the patch and sensor.

What if I have completed 7 days of monitoring, or my second patch has fallen off?

A: You are all done! Refer to page 15 for instructions on returning the ePatch sensor.

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## COVER PAPER

## Remove the top white paper from the patch.

- · Gently peel off the upper liner by starting with the raised tab.
- After the liner is removed, press down firmly on all edges of the patch and sensor so the patch adheres to your skin.
- · Smooth out any wrinkles by pressing down on the patch.

Congratulations, ePatch is ready to start monitoring your heart!

