

jump to determine injury risk and

performance traits.

Updated: 04/18/18

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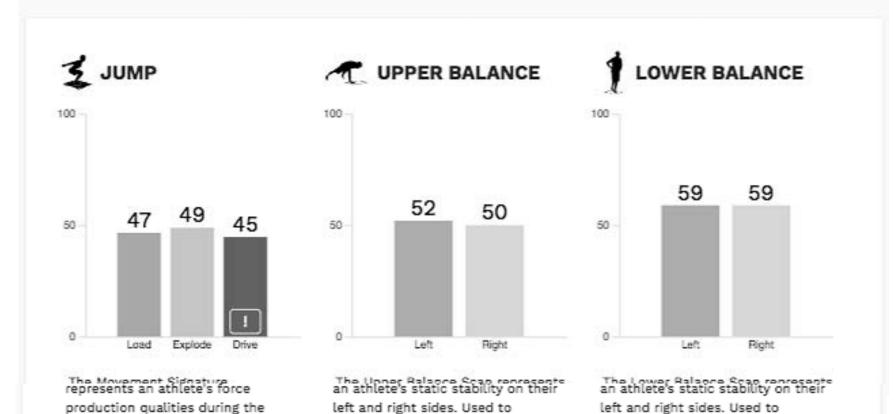
Sparta Score™

An aggregate of LOAD, EXPLODE and DRIVE useful for ranking health & performance between athletes.

determine return to play stages

after a lower body injury.

Updated: 03/15/18



determine return to play stages

after upper body injury.

Updated: 03/15/18