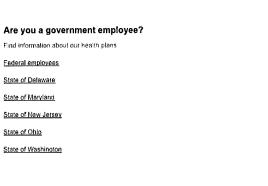


Wellness Products &

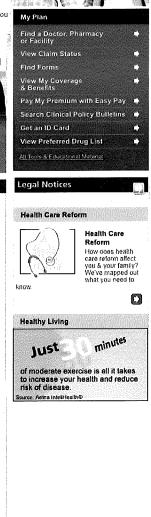
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Protect yourself, your family and your finances if you get sick or injured, and stay well with preventive care. Learn more about our medical insurance plans.

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At Aema, we're cassionate about heiptig you achleve your benefits goass. With so much going on infi this are/a today, you need to be ready for change. Maybe you're even willing to heip shape it. Either way, Aema is ready today to help you prepare for the future of health care.

Middle Market Accounts

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National Accounts Businesses with 3,000+ employees

We put our members at the center of eventhing we do, Aerna's health and welness solutions are designed to help your employees feel and befrom their best, whatever their state of neath today. And you know that your employees well-being is vital to the health of your combany.

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Aema uses integration to combine products, services, data and systems integration helps us to coordinate care, and our online tools promote cost transparency. So we're better able to enhance weiness and manage costs. Together we can work to help improve the health and productivity of

your worldorce and your business.

Aema will help you.

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> Engage your employees to get the most from your existing benefits programs Develop and implement a health and wellness strategy that gets results

Track and measure the results of your benefits programs

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Identify new ways to manage benefit costs

Get answers about health reform and learn how changes may affect businesses

chemicals

Smoking a cigarette, you inhale

Healthy Living

Choose from a wide range of beath insurance plans that if the needs of your business and your employees. We ofter traditional ingelsal plans and consumer-directed plans. <u>Demail coverage. Life</u> and <u>dispolity coverage. Pharmacy plans.</u> And more.

Our anovative, online tools and resources are available 24.7 to help members manage their care and costs at their own convenience. They can:

- Contact 24-hour online customer service Check claims online
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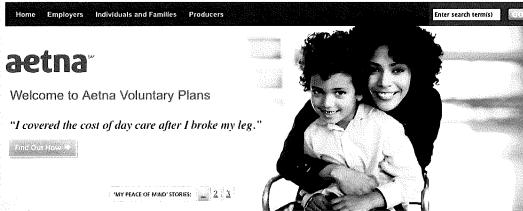
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Call 1-800-529-5586 (TTY/TDD: 1-888-760-4748), 8 a.m. to 8 p.m., seven days a week

Aetna Medicare Choices

What kind of coverage can I get? Aetna Medicare gives you many plan choices.

Medicare prescription drug plans (Part D plans), Medicare Advantage plans (Part C plans), and Medicare Supplement insurance plans are offered by private companies like Aetna. These plans can offer you more options than Original Medicare. Some plans include wellness programs and savings on a wide range of products and services.

Aetna Medicare Advantage Plans (MA)

The Aetna Medicare Advantage (MA) plans cover the same type of services as Original Medicare (Parts A and B) and give you additional benefits such as vision and/or hearing coverage. You can enroll in a Medicare Advantage plan with prescription drug cover (MAPD plan) that gives you all your coverage in one plan, with one monthly plan premium (in addition to your Part B premium and Part A premium, if applicable) and one ID card or a plan that only includes medical coverage (MA). Learn more

Aetna Medicare Supplement Plans

The Aetna Medicare Supplement Plans help you pay for some out-of-pocket costs not covered by Original Medicare (Parts A and B) and give you the freedom to visit any doctor or hospital. The Aetna Medicare Supplement insurance plans are only available in certain states. Learn more

Aetna Medicare Rx® Plans (PDP)

The Aetna Medicare Prescription Drug Plan (PDP) offers stand-alone prescription coverage that can be added to your Original Medicare (Parts A and B) coverage, your Medicare Supplement plan, or your Private Fee-for-Service plan without prescription drug coverage. Learn more about Aetna's Medicare drug plans.

How do I get the Aetna Medicare plan that's right for me?

Find and compare plans

Find out about Aetna Extras

Important dates to remember

LET'S TALK. Call our representatives at **1-800-529-5586** (TTY/TDD: 1-888-760-4748), 8 a.m. to 8 p.m., seven days a week

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Page Last Updated: December 13, 2011

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Welcome to Aetna Medicare

Site Overview Vid

Let's talk about your Aetna Medicare Individual plan options. To get started, select one of the four options below.

- () Aetna Medicare Advantage Plans (MA/MAPD)
- Aetna Medicare Supplement Plans (Medigap)
- Aetna Medicare Rx Plans (PDP)
- \bigcirc Unsure? Give me more information.

I just want to know: Are my doctors, hospi pharmacy and prescriptions covered?

I'm new to Medicare and want to learn the

I'm ready to enroll in an Aetna plan.

Find an Aetna Wedicare Meeting

can learn more about Aetna Medicare meeting where you Locate and register for an Aetna Medicare plans. Learn more >



Already an Aetna Medicare member?

many things that Visit our new-member welcome website today. Learn about the contract of the co Aetna offers.

Let's Get Healthy

customized for your healthful life goals. Register today for articles, tips and tools

and online forms



If you would like to file an appeal or grievance for your prescription drug coverage or to request a coverage

If you would like to file an appeal or grievance for your m

benefit coverage, click on the following link to access our

Medicare Advantage Plan Appeals and Grievance web p

determination for a drug, click on the following link to access our Aetna Medicare Rx Plan Exceptions, Appeals a

If you prefer to file a grievance through Medicare, click on the following link: Medicare Electronic Complaint Form Grievance web page and online forms

LET'S TALK. Call our representatives at 1-800-529-5586 (TTY/TDD: 1-888-760-4748), 8 a.m. to 8 p.m., seven days a week

The benefit information provided herein is a brief summary, not a comprehensive description of benefits. For more information to be benefits. For more information benefits, formulary, and locate approved Part D sponsor.

Senefits, formulary, pharmacy network, premium and/or copayments/coinsurance may change on January 1, 2013. Plans offered by Aetna Health Inc., Aetna Health of California Inc., and/or Aetna Life Insurance Company (Aetna). Not all health of California Inc., and/or Aetna Life Insurance Company (Aetna). services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change each year.

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Voluntary Plans

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Behavioral Health Benefits

Cover the mind and body to target total health

Behavioral Health Benefits | Behavioral Health Programs | Aetna Resources For Living | Online Tools

Depression and other mental health disorders disrupt the workplace more than you may know. Take steps to keep your employees on the job

and productive Combine behavioral health coverage with Aetna health benefits and insurance plans. Or choose a stand-alone plan. It's up to you.

Health plans with behavioral health coverage

Behavioral health benefits can be integrated with any Aetna health plan. Coverage varies by plan, but all allow for a wide range of treatment

options, such as:
Individual and family counseling
Individual psychotherapy for more serious issues
Psychiatric evaluation/assessment
Case management to help coordinate care

Account management from one Aetna account executive, to manage all your needs. Disease management programs

You can get even more services through Aetna Resources For Living. Services include:

Employee Assistance Program
Worklife and Well-being services
Management consultation
Critical incident support

Worksite education and training

Mental health/substance abuse bundled or solo

plan or with medical benefits provided by another insurer. Want flexibility? Customize our mental health/substance abuse services to fit your needs. Package them with your existing Aetna medical

Advantages of choosing Aetna

participating behavioral health care professionals. Your employees can call our customer service center toll free, at any time. They will get answers to their benefit questions and help finding

Integration of data and services

Better service and more targeted programs are just two advantages of integration

Our systems pool data from across the spectrum of care to give a total picture of each member. This helps us:

Coordinate care and communicate with doctors and other caregivers involved, so each one knows the full story. Identify employees who may need help before a health issue grows worse Tailor disease management programs to address each employee's needs

Additional details

Approval for care

Individual outpatient therapy visits do not require precertification or authorization

We will review available patient information to see if the treatment raises concerns. In some cases one of our care managers may discuss

Learn more about precertification/authorization requirements.

treatment options with the treating clinician.

Determination of medical necessity

Behavioral health professionals who work with Aetna use:

Our proprietary Level of Care Assessment Tool (LOCAT) to help determine the appropriate level of care

American Society for Addiction Medicine Patient Placement Criteria, a nationally recognized guideline for treatment of chemical dependency

In Texas, we use the Texas Commission on Alcohol and Drug Abuse regulations.

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Health Care Reform

Get answers about health reform and learn how changes may affect businesses.



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minutes

of moderate exercise is all it takes to increase your health and reduce risk of disease.

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