- · Peripheral artery disease
- (Figh blood pressure (adult and child)
- Cerebrovascular disease/stroke
- High cholesterol

Lungs

- Asthma (adult and child)
- COPD (chronic obstructive pulmonary o-sease)

- Osteopenia''
- Osteoporosis**
- Osteoarthritis Rneumatold arthritis
- Chronic low back pain

Cancer

- General cancer**
- Breast cancer Lung cancer
- Lymphoms/eukem/a
- · Prostate cancer
- Colorectal cancer

Brain and age-related issues

- Geriatrics
- Migraine Seizure disorder
- Parkinsonism

Digestive

- Fleartburn/GERD (gastroesophageal reflux disease)
- Peptic ulcer disease
- IBO (inframmatory howel disease), Crolin's disease and utcerative colitis
- · Chronic hepatitis

Kidney

- . Chronic kidney disease
- End-stage kidney disease

Hypercoagulable state (increased blood clotting)

form there is a present as a state of an energy page as year a Break as extraory to buy a transport weather, companies the service of the servic

- Sickle cell disease (adult and child)
- Cystic fibrosis
- HIV (human immunodaticiency virus)
- Weight management (adult and child) • Depression**

"Occur ing with another condition

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Care management

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Why Register?

Care management includes case management, utilization management and disease management. Care management can help "at-risk" members achieve better health through effective patient management. Effective patient management helps them stick with the behaviors and clinical mose at the healthy end of the spectrum. approaches that have been proven to work. Care management is for patients on the "not well" end of the spectrum. They need more help than

3 advantages of care management from Aetna

Coordinating care for members with special needs is more efficient and effective because of these

Evidence-based decisions

members get access to the agint care at the right time Our actions and policies have strong foundations in research and clinical experience. This helps

Integration and technology

and support. Having systems that all work together helps us identify and reach more members who need our help

identification and targeted outreach is one more way to help members with complex medical needs Targeted outreach to members
Our clinical staff will contact members identified by our systems, who may need extra help. Early

Find out more by talking to your Aema representative.



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Determining Coverage

Utilization management: Guidelines for determining coverage

Policies & Guidelines

Precertification | Concurrent Review | Retrospective Review

First, our staff collects information about a member's clinical condition.

Then, our staff uses evidence-based clinical guidelines from nationally recognized authorities to guide utilization management decisions involving <u>pracentification, concurrent raview.</u>

Aelna staff use the following criteria as quides in making coverage determinations as applicable:

Contact Astna Search Drug Formularies Find a Document or Form Manage Claims

Find a Doctor or Hospital

Tools for Health Care Professionals

Milliman Cere Guidelines® for medical and surgical care.

Aerna Clinical Policy Bulletins (CPBs), which are based on peer-reviewed published medical literature

and retrospective review.

Determining Coverage

TOTAL ICES TO and No

 <u>Aeina Level of Care Assessment Tool®</u> (LOCAT) for behavioral health care. Centers for Medicare & Medicare Services (CMS) National Coverage Determinations and Local Coverage Determinations.

Texas Commission on Aironal and Drug Abuse (TCADA) regulations (used in place of ASAM for Texas members).

American Society of Accidon Medicine Patient Placement Criteria for the Treatment of Substance-Related Disorders (ASAM) PPC-2Rt.

Applied Behavioral Analysis (ABA) Guidelines for the treatment of Autism Spectrum Disorders (ELPDF)

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in some states. Aetha delegates utilization review of certain services including radiology and physicalliocupational therapy, to outside vendors. Refer to the following vendor websites for a description or copy of the applicable cinical criteria. Vendors used

CareCore National

MedSolutions

OrthoNet

Related Links

Precertification

Retrospective Review Concurrent Review

evel of Care Assessment Tool

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