

→ SPRING RUNNING SHOE REVIEW

# competitor

APRIL 2008 \$5.99

admin@competitor.com GEN

so★cal



## THE ADVENTURE

ISSUE

EXPEDITION AMAZON

→ An Epic Journey

THE COASTAL CHALLENGE

→ The Route Of Fire

TOUGH GUY RACE

→ Midland Madness



p. 67



XXIII LOS ANGELES MARATHON

+ 10 TIPS FOR THE NEW RUNNER