

#### BACKGROUND:

The Global Risk Assessment and Care plan for Elders (GRACE) initiative is a multidisciplinary effort at the BIDMC to improve the outcomes for hospitalized elders.

# Aims:

- √ Prevent functional decline during hospitalization
- √ Early recognition and treatment of delirium

# Three Part Initiative:

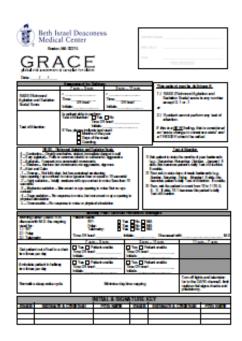
- 1. Provider Order Entry (POE) system enhancements
- 2. Pharmacy and medication safety improvements
- 3.Bedside GRACE sheet\*

### Why?

Functional decline is common in older patients and delirium affects 1 in 5 inpatients 65 and older, and half of high risk patients. Delirium can lead to:

- → Increased mortality
- → Longer length of stay (LOS)
- → Further loss of function/independence
- → Aspiration

# \*The Bedside GRACE Sheet



### Where does the sheet go?

- •Use this form for **all patients 80 years and older** admitted to all inpatient services (except ICUs, Deac-4, Oncology)
- •Use one sheet per day per patient
- •This is part of the official medical record and should be put in the vital signs book/clipboard at the bedside

# Two Main components of the GRACE Sheet:

- 1) Assessment for Delirium
  - → RASS Score
  - → Test of Attention

If a patient's RASS Score is not 0, -1 or 1 *and/or* the patient is unable to perform the daily test of attention **and this is a NEW FINDING**, this is "an acute change in conscious state" and is a TRIGGER.

- 2) Mobility Plan/Delirium Prevention Strategies
  - → Morning "tether-check"
  - → Patient out of bed twice daily to a chair
  - → Ambulate patient twice daily
  - → Normalize sleep-wake cycle