



BACKGROUND:

The Global Risk Assessment and Care plan for Elders (GRACE) initiative is a multidisciplinary effort at the BIDMC to improve the outcomes for hospitalized elders.

Aims:

- ✓ Prevent functional decline during hospitalization
- ✓ Early recognition and treatment of delirium

Three Part Initiative:

1. Provider Order Entry (POE) system enhancements
2. Pharmacy and medication safety improvements
3. Bedside GRACE sheet*

Why?

Functional decline is common in older patients and delirium affects 1 in 5 inpatients 65 and older, and half of high risk patients. Delirium can lead to:

- Increased mortality
- Longer length of stay (LOS)
- Further loss of function/independence
- Aspiration

***The Bedside GRACE Sheet**

Where does the sheet go?

- Use this form for **all patients 80 years and older** admitted to all inpatient services (except ICUs, Deac-4, Oncology)
- Use one sheet per day per patient
- This is part of the official medical record and should be put in the vital signs book/clipboard at the bedside

Two Main components of the GRACE Sheet:

- 1) Assessment for Delirium
 - RASS Score
 - Test of Attention

If a patient's RASS Score is not 0, -1 or 1 *and/or* the patient is unable to perform the daily test of attention **and this is a NEW FINDING, this is "an acute change in conscious state" and is a TRIGGER.**

- 2) Mobility Plan/Delirium Prevention Strategies
 - Morning "tether-check"
 - Patient out of bed twice daily to a chair
 - Ambulate patient twice daily
 - Normalize sleep-wake cycle