



Comprehensive, Holistic Care

Call 509-992-1888

Psychiatric treatment serving greater Spokane and the Inland Northwest

Inland Northwest Behavioral Health is a modern, standalone psychiatric hospital providing specialized treatment for mental health disorders.

LEARN MORE

CONTACT US



Treatments & Services

Inland Northwest Behavioral Health provides treatment to individuals struggling with emotional or behavioral health issues through individual, group and recreational therapies.

Admissions Process

Learn more about the admissions process at Inland Northwest Behavioral Health. To schedule a confidential, no-cost assessment, call us at 509-992-1888.

About Inland Northwest Behavioral Health

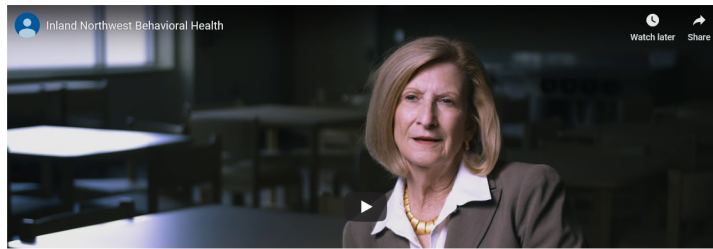
Inland Northwest Behavioral Health opened in Fall 2018 to provide quality behavioral health services to the Inland Northwest community in a tranquil, thoughtfully designed setting.

Services

Adult Inpatient Treatment	Crisis Stabilization	Mental Health Program	Supportive Holistic Therapy
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Adult inpatient hospitalization is always short-term and designed to quickly stabilize the most serious symptoms to allow a quick transition to less intensive levels of care.

LEARN MORE >



We're hiring!

If you're looking for an opportunity to build the career of your dreams and join a team of professionals passionate about helping patients, Inland Northwest Behavioral Health is the place for you.

APPLY NOW

Action Alliance for Suicide Prevention

Inland Northwest Behavioral Health is a proud supporter of the National Action Alliance for Suicide Prevention, an organization dedicated to reducing suicide rates nationwide.

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What to Bring/What Not to Bring

To promote a more comfortable stay, there are items we encourage patients to bring with them upon admission, as well as items we ask patients to leave at home.

LEARN MORE >

Careers

Inland Northwest Behavioral Health is brand new and constantly growing. We are looking for talented and caring individuals to join our team. Apply for a position today!

LEARN MORE >

Licensed & Accredited

Inland Northwest Behavioral Health is accredited by the Joint Commission and licensed by the state of Washington.

LEARN MORE >



Inland Northwest Behavioral Health
Inland Northwest Behavioral Health offers acute inpatient treatment in a modern facility.



Map Satellite





Treatment & Services

Treatment & Services

Adults Inpatient Treatment

Treatment & Services

Each year, millions of people experience difficulties with behavioral health. If these problems persist, they can affect relationships, performance at work or school or even the ability to complete everyday tasks and functions.

If you or a loved one is struggling and in need of behavioral health services, Inland Northwest Behavioral Health provides treatment, resources and support.

Following an initial assessment by a licensed counselor, patients receive a personalized treatment plan that can include individual, group and recreational therapies. Treatment plans provide the structure for therapists to work involvement for all who want to be part of the healing process.

Prior to discharge, we work with local community resources to help ensure our patients receive continued support for recovery.

We provide comprehensive assessment, diagnosis and effective treatment of the following behavioral health issues:

- Mood Disorders
- Anxiety Disorders
- Bipolar Disorder
- Psychotic Disorders
- Behavior Disorders
- Attention Deficit Disorder
- Personality Disorders
- Interpersonal Concerns
- Trauma

We're Here to Help

To schedule a confidential, no-cost assessment with Inland Northwest Behavioral Health, call **509-992-1888**.



Physicians are on the medical staff of Inland Northwest Behavioral Health, but, with limited exceptions, are independent practitioners who are not employees or agents of Inland Northwest Behavioral Health. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. All rights reserved.

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Adults Inpatient Treatment

Treatment & Services

Adults Inpatient Treatment

Adults Inpatient Treatment

We are a modern, standalone psychiatric hospital located in Spokane, Washington providing specialized treatment for mental health and co-occurring disorders (concurrent mental illness and substance abuse issues), as well as detoxification services for adults.

Inland Northwest Behavioral Health provides a secure, stable, nurturing and therapeutic environment to adults needing crisis stabilization and/or 24-hour care to manage psychosis, severe depression, anxiety or other mood disorders. Our treatment programs and daily structured activities are based on an individual's needs and goals.

- Mood Disorders
- Anxiety Disorders
- Bipolar Disorder
- Psychotic Disorders
- Behavior Disorders
- Attention Deficit Disorder
- Personality Disorders
- Interpersonal Concerns
- Trauma

Acute inpatient hospitalization occurs only with a physician's order for conditions that cannot be safely or effectively treated on an outpatient basis. It is the most intensive level of care offered, providing:

- 24-hour skilled nursing observation and care
- Daily interventions and oversight by a psychiatrist
- Intensive, highly coordinated treatment by a physician-led team of mental health professionals

Inpatient hospitalization is always short-term and designed to quickly stabilize the most serious symptoms to allow a quick transition to less intensive levels of care.

Our Inpatient Programs

Crisis Stabilization

The goal of our Crisis Stabilization program is brief symptom stabilization, after which patients may be transferred to one of our longer-term units for further stabilization and care. Treatment on the Crisis Stabilization unit sometimes occurs on an involuntary basis, if patients are deemed dangerous to themselves or to others.

Mental Health Program

Treatment on our Mental Health unit is indicated for people experiencing severe mental illness that impacts their ability to function independently and safely. Symptoms treated include depression, anxiety and psychosis. Length of stay is typically longer than on our Crisis Stabilization Unit. 24-hour supervision is provided in a safe and supportive environment. Patients are offered group and milieu therapy in a variety of evidence-based treatment modalities. Patients also receive psychopharmacology under the care of a physician, who leads a multidisciplinary team of highly trained clinicians.

Supportive Holistic Therapy

A variety of therapy services such as music and recreational therapy are provided throughout the course of treatment. These alternative therapies are offered as an adjunct to our various psychotherapy programs.

Advantages of acute inpatient treatment include:

- Safe, controlled and structured environment
- 24-hour skilled nursing care
- Intensive physician involvement
- Physician-led multidisciplinary treatment team
- Utilization of both medication and psychotherapy, as appropriate

We're Here to Help

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