

Community & Events

Classes & Events

Online Medical Chats

Support Groups

Gift Shop

Community

Volunteer

Donating Blood

Home » Community & Events » Support Groups

Support Groups

[Alcohol Abuse and Addiction](#) | [Bereavement](#) | [Chronic Illness](#) | [Parenting](#) | [Weight Management](#)

NorthShore University HealthSystem hosts various support groups for individuals coping with chronic illness or loss, for parents and for caregivers. Most meet monthly. For specific meeting dates and times or for more information, visit our [Calendar of Events](#).

Alcohol Abuse and Addiction

- [Alcoholics Anonymous](#)
- [Narcotics Anonymous](#)
- [Refuge Recovery](#)
- [SMART Recovery](#)

Bereavement

All grief support programs are sponsored by [NorthShore Hospice](#) and held at their office—4901 Searle Parkway, Skokie, IL 60076. The building is handicap accessible and convenient parking is available. For specific dates or to pre-register, please call Bereavement Services Coordinator Thom Dennis at **847.982.4364**.

Pre-registration is required for all groups. There is no charge to participate.

- **Legacy** is a support group that meets on the first Tuesday of the month from 6:30 to 8 p.m. for adults who have experienced the death of a parent within the past year.
- **Soul Mates** is a support group that meets on the second Tuesday of the month from 6:30 to 8 p.m. for people who have experienced the death of a spouse or life partner within the past year.
- We also host social gatherings for anyone who has experienced a loss in the past year and educational programs related to grief and loss on the third and fourth Tuesdays of the month from 6:30 to 8 p.m.

Chronic Illness

- [Brain Tumor Support Group](#)
- [Cancer Support Groups](#)
- [Cardio and Vascular Support Groups](#)
- [Narcolepsy Support Group](#)

Parenting

- Evanston Hospital's Perinatal Family Support Center: 847.570.2880
- Post-partum Depression Hotline: 866.364.MOMS

Weight Management

- [Bariatric Surgery Support Group](#)

HOSPITALS

Evanston Hospital | 847.570.2000
2650 Ridge Avenue, Evanston, IL 60201

Glenbrook Hospital | 847.657.5800
2100 Pflingsten Road, Glenview IL 60026

Highland Park Hospital | 847.432.8000
777 Park Avenue West, Highland Park, IL 60035

Skokie Hospital | 847.677.9600
9600 Gross Point Road, Skokie, IL 60076

Swedish Hospital | 773.878.8200
5140 N. California Avenue, Chicago, IL 60625

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