## 7 STEPS TO TAKE IN THE FACE OF

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## DEMENTIA

WORKSHOP GUIDE

## DEMENTIA ACTION PLAN

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The Dementia Society of America brings HOPE through education about what Dementia is, what it isn't, and how to help people who live with Dementia lead meaningful lives, while supporting their care partners.

This may surprise you, but it summarizes the impact Dementia may have on our families: we believe that more than 9 million Americans live with some form of Dementia today.

Moreover, although the scientific community is attempting to shed additional light on the numbers, Alzheimer's-type Dementia alone is currently considered to represent more than half of the cases.Even more shocking, when all forms of Dementia are combined, they are globally thought to be the 3rd leading cause of death, behind heart disease and stroke in high-income countries.

Some would say that the number of deaths attributable to Dementia may be significantly underreported due to the stigma associated with the various diseases, lack of education, or other coexisting health issues that can often occur at the end of your life.

No matter what the numbers are, Dementia is costly in every way possible, both financially and emotionally. Our goal is to provide HOPE and HELP to individuals, caregivers, corporations and communities that wish to learn more about Dementia via our resources and programs, which target one's quality of life.

Billions are spent each year in rising healthcare costs relating to Dementia.