



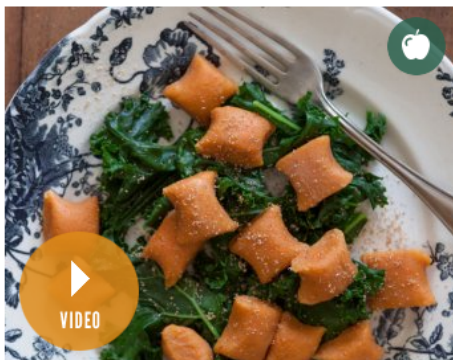
# SHARE THE LOVE

## COOK FROM THE HEART

SHOW ME FOOD PEOPLE PLANET ALL

I WANT TO LEARN DO BOTH

VIEW OUR STORIES YOUR STORIES



**MAKE: SWEET POTATO GNOCCHI**

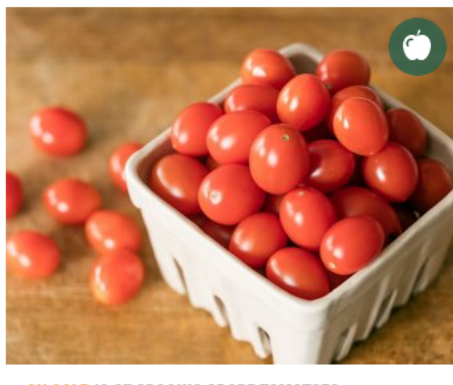
Your new favorite date night dish

**HOMEMADE LAVENDER ROSE POTPOURRI**

Preserve your rose petals

**FLOWER VALUE FOR VALENTINE'S DAY**

Skip the expensive trip to the florist



ON SALE 49.97 ORGANIC GRAPE TOMATOES

## HOW TO SHUCK OYSTERS

A simple guide to preparing oysters

ON SALE 16 OZ ORGANIC GRAPE TOMATOES

2 for \$6, valid 2/3-2/9

## RECIPE: SILKY SWEETHEART PUDDINGS

Fancy-feeling vegan dessert in a flash

EXPLORE

## HOW TO CARE FOR ROSES

7 steps to make roses last

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### Shopping

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- Sales Flyers
- Catering & Online Ordering
- Gift Cards
- Store Departments
- Store Events

### Company

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- Careers
- Mission & Values
- Investor Relations
- Newsroom [↗](#)
- Customer Service

### Eating & Cooking

- Healthy Eating
- Recipe Collections
- Special Diets
- Parents & Kids

### About Our Products

- Quality Standards
- Food Safety
- Organic Farming
- GMOs: Your Right to Know

### More from Whole Foods Market

- Whole Planet Foundation [↗](#)
- Whole Kids Foundation [↗](#)
- Whole Cities Foundation [↗](#)

### Select a store

Selecting a store allows you to see that store's content throughout the site, such as sales, store events, and more.

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