



## How it all began...

 BACKPACK FRIENDS · MONDAY, APRIL 1, 2019 ·

**It began with feeding 12 kids** at one elementary school who didn't have enough food for the weekend. How hard could that be? Partnering with Pflugerville ISD to help meet the food insecurity needs of school age children, twelve kids turned into twenty. Twenty became fifty. Fifty turned into 150... Today, **BACKPACK FRIENDS, INC** has delivered **more than 12,000 bags of healthy, nutritious food for kids living in homes with 'food insecurity'**.

As you know, thousands of school-age kids on free and reduced meal programs and enjoy the peace and safety of having plenty to eat while at school during the week. But what about the weekends?

That's where we come in.

We help provide healthy, nutritious food to at-risk kids EVERY weekend during the school year. With help from donors, volunteers, civic groups, and church organizations, we're able to help feed a child for \$29/mo! We couldn't do it without your support and encouragement!

If you'd like more info on how YOU can make a difference, be sure and check out [www.backpackfriends.com](http://www.backpackfriends.com) or email [admin@backpackfriends.com](mailto:admin@backpackfriends.com) for more details!

Hunger is complicated. Feeding a child isn't.