

## Herbs Data

ACARA has compiled important Herbal details containing Latin name, General Information, Therapeutic constituents, Key indications, Biological activity and Research references.

Constant effort is made on updating the product details for quick references.

## Ayurveda

Ayurveda is defined as the science of Life/Biology, is committed for the health and welfare of a being. It is a science embedded with philosophy. Its aims and objectives are prevention and cure of the diseases through food, habits, thoughts and if necessary medicine of natural/herbal origin for a happy life.

Ayurveda through its traditional process of herbal extractions prescribes the uses of many plant & herbal origin in order to achieve a good health.



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## Contact Us

### ACARA BIOHERB PRIVATE LIMITED

282/A 9TH A MAIN, 40TH CROSS  
5TH BLOCK JAYANAGAR  
BANGALORE – 560041

**EMAIL:** [extracts@acarabioherb.com](mailto:extracts@acarabioherb.com)

**PHONE:** +91-80-26651416

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