

ALL ABOUT ABS



ALL ABOUT ABS

The 31-Day ALL ABOUT ABS Program will help strengthen your core, relieve back pain and be ready to show off your abs ANYTIME!

\$10

Learn more at: www.wrxiii.com

WRX

# Xercise E-Book : ALL ABOUT ABS

\$10.00

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Xercise E-Book : ALL ABOUT ABS

*Attack that belly fat and achieve your dream stomach by focusing on all areas of abdominal training!*

*This E-Book is applicable and works for persons of ANY fitness level.*

*Benefits of WRX ALL ABOUT ABS:*

- No Equipment Needed
- Can be done at home or in-gym
- Quick & Effective ( 30 Minutes)

Don't have a lot of time, but you need to workout?

Looking for something quick and effective, but don't have not