Acts Retirement Health Services

We know quality health improves quality of life. So Acts Retirement offers a comprehensive range of senior health services that are truly life enhancing. Here's the best part: You don't have to currently be an Acts resident to take advantage of them! From assisted living and skilled care to rehabilitation, home health and hospice, these health services are now available to non-Acts residents, as well.* Acts even offers a Nurse Practitioner <u>Program</u> in some of its communities. Acts also has a commitment to supporting brain health, minimizing risk for dementia and providing best practice services and supports to those experiencing cognitive changes due to dementia. We can help maintain your health and independence, which increases peace of mind for you and your



Our residents have a say in how they receive long-term care. We call it our Acts Signature Care experience. You'll call it a blessing. We give you and your loved ones the freedom to participate fully in care decisions. This adds a lot to overall peace of mind.

Our OakBridge Terrace Assisted Living Residences and WillowBrooke Court Skilled Care Centers provide more personalized care and flexibility than other facilities that deliver care at predetermined schedules. These areas feature specialized memory care neighborhoods with a goal of supporting brain health and supporting those experiencing cognitive changes due to dementia.

Our highly trained retirement health services staff invites you to help decide mealtimes, bedtimes and wake-up times. You can choose bathing days and times. You can arrange to have medications dispensed according to daily routines. There is also many opportunities for meaningful engagement and socialization.

Such freedom is very comforting. So is knowing we provide the finest health care equipment and technologies available. And that our spacious setting is designed to be relaxing, inviting and homelike. Our living rooms and recreation areas encourage socialization. Plus, we serve meals in lovely dining rooms, not on bedside trays. We know giving you more choices and more input gives you or your loved one more ways to stay engaged, healthy and happy.





CARE Accreditation



Acts Legacy Foundation

Acts Legacy Foundation



Retirement



 $rehabilitation\ care, home\ health\ care, and\ end-of-life\ comfort.\ With\ \underline{\textbf{Acts}\ Signature\ Rehabilitation}, we\ tailor$ programs to help residents regain health and function, in both short-term stay or outpatient settings. Our Acts <u>Home Health</u> caregivers help seniors maintain their independence in familiar surroundings for as long as possible. Acts Signature Hospice offers physical, spiritual and emotional comfort and care for those with terminal illnesses, their families and caregivers.

 * Services and availability may vary from community to community. Please speak to a $\frac{1}{2}$ community Life Care Consultant or representative for details.

Resources



Acts offers plenty of educational information to help you make a decision for retirement.

Friends & Neighbors



Read our Summer 2019 Edition to get the latest on Acts, its communities and residents!

Latest Blog Post



Read about things you never knew about retiring in Pennsylvania.











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