



We help you feel your best.




PAIN FREE

Address chronic and acute conditions by decreasing inflammation and improving blood circulation so you can perform at your best.



CLEAR-HEADED

Undo the emotional, physical, and behavioral impact of everyday stress and anxiety by regulating your parasympathetic nervous system.



RESTORED

Achieve internal balance to sleep better, detox, and boost your immunity by releasing endorphins, increasing serotonin and decreasing cortisol.

Our experience will delight you.

EXPERT PRACTITIONERS

Board-certified, master acupuncturists with 1,000+ hours of clinical experience who listen intently and care deeply.

DESIGNED TO FIT YOUR BUSY LIFE

Convenient locations and hours of operation with seamless online booking and flexible rescheduling.

CURATED WITH MODERN AMENITIES

Disconnect in our beautiful, private treatment rooms, with optional custom scent and sound.

