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**Events** 

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# Upcoming Event – Life Beyond the Basics

Click here to learn more about our upcoming event.



 ${\it Life Beyond the Basics 2018 attending participating in a yoga stretch}$ 

# Support

- > What is Parkinson's
- > Support Groups
- > Exercise Classes
- > Complementary Modalities
- > Transportation
- > All Providers & Venues

### Resources

- > Care Partners
- > Early Onset
- > Newly Diagnosed
- > Therapeutic Services
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- > Information Specialist

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Our mission is to improve the quality of life for those living with Parkinson's disease, their families and care partners. Our goal is to connect people to the information, support services, programs and activities they need to enhance wellness and live an active, engaged life moving forward. We are a 501(c)3 non-profit organization.

