

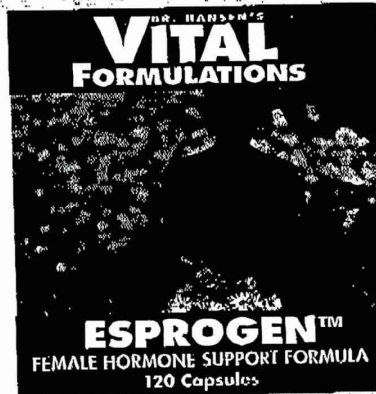
DESCRIPTION

Vital Formulations' products are based on years of successful clinical practice and represent the highest quality, purity and potency available in the industry. **ESPROGEN** is a unique all natural formula designed to help support the normal balance of female hormones. The ingredients in Esprogen have been shown to help reduce symptoms related to PMS and Menopause.*

SUGGESTED USE

As a dietary supplement, take two capsules, two to three times daily, as needed, or as directed by your health care provider.

*This structure/function claim has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CONTENTS

120 Capsules

Two Capsules Contain:

- Angelica sinensis (Dong Quai) (0.8% linguistilla) 300mg
- Dioscorea villosa (Wild Yam) (10% Diosgenin) 300mg
- Glycyrrhiza glabra (Licorice) (DGL) 200mg
- Turnera diffusa (Damiana) (5:1) 200mg
- Cimicifuga racemosa (Black Cohosh) 200mg

Contains no sugar, yeast, wheat, soy, dairy, or chemical additives.

Vital Formulations™, Inc., Scottsdale, Arizona 85258 U.S.A. 800-922-6298



DESCRIPTION

Vital Formulations' products are based on years of successful clinical practice and represent the highest quality, purity and potency available in the industry. **FLAVINOX** is a unique nutritional formula designed to fight free radicals, reduce cellular mutations, enhance immune activity, and reduce the excessive production of histamine that can lead to allergies.*

SUGGESTED USE

As a dietary supplement, take one or two capsules, two to three times daily, as needed, or as directed by your health care provider.

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CONTENTS

60 Capsules

One Capsule Contains:

- Vitis vinifera (Grape) seed*50mg
- Camellia sinensis (Green Tea) extract (70% polyphenols Caffeine Free). 100 mg
- Quercetin150mg
- Vitamin C (Ascorbic Acid)250mg

*98% Proanthocyanidin, Catechin & Epicatechin (water-soluble extract).

Contains no sugar, yeast, wheat, soy, dairy, or chemical additives.

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redient in over-the-counter natural remedies for virtually hundreds of ailments that beset us mortals — from athlete's foot to sports injuries to gastrointestinal disorders.

Deep in the heart of ... aloe

One of the lesser-known compounds in aloe — taken from the leaf's tough epidermis — a yellow and bitter substance named aloin, was historically used to promote regular bowel movements. However, it was caustic to the intestinal lining and far from popular. The principal compound in the aloe plant is a clear, gooey gel-like substance found and taken from inside the broad leaf.

As a food and supplement, this plant's gel is a nutrient Fort Knox — a treasury of over 75 ingredients, including 20 amino acids, vitamins, nine minerals, enzymes, steroids, organic acids, antibiotic agents, and polysaccharides (complex carbohydrates).

Aminos. Biochemist Richard A. Passwater, Ph.D., writes that aloe's 20 amino acids are close to the total of 22 essential aminos required for our bodies to, in turn, make thousands of proteins. These nutrients are a must for creating new cells and maintaining and repairing others. Dietary non-essential amino acids are made by our bodies from essential amino acids. Amazingly, aloe is rich in both kinds.

Wound healing

Zinc and other minerals. Among the nine minerals in aloe, zinc is one of the most beneficial, as it is widely recognized for promoting healing. Because of its high zinc content, aloe is also used for helping to prevent enlargement of the prostate gland and for reducing its enlargement.

The role of aloe's minerals goes far beyond these health benefits. They act as coenzymes that trigger cell enzymes to translate food, oxygen, and thyroid hormone into energy. Minerals play a key part in hormone action in body and mind, proper heart function, and maintenance of body organs.

B vitamins. Aloe contains a brimming supply of the B-complex vitamins, including choline, the precursor of the brain neurotransmitter, acetylcholine, which is of paramount importance to effective

thinking and remembering. In addition, it contains folic acid, much supported to guard mothers-to-be against giving birth to a child with neural tube defects.

Folic acid, combined with vitamin B-6, is reported to prevent a build-up of homocysteine, the most recently discovered contributor to cardiovascular disease and cancer.

Antioxidants. Vitamins C and E are two other critically important, free-radical fighting nutrients aloe supplies, along with other top antioxidants, including beta-carotene.

Triglycerides. Aloe's wealth of triglycerides supply fatty acids vitally important to good health, as they serve to carry fat-soluble vitamins throughout our billions of body cells.

Immunity support: the research

A paper by Lawrence G. Plaskett, a researcher in Cornwall, England, reveals how, in one study, aloe increased the resistance of mice to a killer bacterium, *Klebsiella pneumoniae*.

According to Plaskett, "Apparently, it [had this effect] not through any [action] of directly killing the bacterium — no antibiotic effect — but, rather, through positive effects on the performance of the animals' immune system." Other researchers have also found aloe to have dramatic effects in protecting against infections. Passwater cites the 15-plus years of aloe research conducted by Dr. Wendell Winters, associate professor of biology at the University of Texas Health Science Center.

One of the newest findings is that an ingredient in aloe causes cells to divide and multiply, enhancing the growth of white blood cells and other immune system cells that defend us.

Other immune-boosting possibilities

What about AIDS? One study indicates that aloe vera can markedly delay the death of patients with acquired immunodeficiency syndrome (AIDS). Joan Priestley, M.D., administered aloe, along with other nutritional supplements, to AIDS patients, as described in the article "AIDS and Aloe Vera Extract" in *Health Consciousness*.

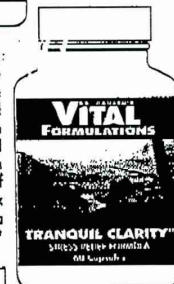
In most circumstances, when the T-cell count of these patients falls to 50, half of them die within nine months. However, when the T-cell count of

Powerful, Effective, All Natural Products Based On Clinical Experience



GSE 100 is a potent antioxidant that strengthens collagen and elastin in the skin, joints and blood vessels. It also reduces histamine and enhances immune function. It contains standardized extracts of Grape Seed, Grape Skin and Vitamin C.*

TRANQUIL CLARITY helps: calm the senses, increase mental acuity, stabilize mood, enhance physical stamina, and reduce physical and mental fatigue. It contains standardized extracts of Kava kava, Panax Ginseng, Ashwagandha and Bupleurum.*



PEPTAL is a unique herbal formula designed to stimulate repair of mucus membranes of the stomach and intestinal tract, and protect against acid induced heartburn. It contains standardized extracts of Uleciole (DGL), Aloe vera and Quercitin.*

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Available at finer health food stores. Or call toll-free 1-800-922-6298

"Formulations from clinical experience!"



DR. HANSEN'S **VITAL FORMULATIONS**