

MISSION & HISTORY

Empower young women in marginalized communities by helping them gain the skills necessary through education, training and mentorship to become confident, college and career ready.

Empowering Success

In 2012, EmpowHer Institute began partnering with Title I schools to serve marginalized teen girls who were at risk of educational failure. We recognized that girls' experiences and situations outside the classroom — pregnancy, low self-esteem, depression, and family violence, sexual assault and other trauma — profoundly affect their readiness to achieve academically. As a result, we developed a gender-specific curriculum for the classroom that develops life skills and social and emotional learning, and connects the EmpowHer girl with a caring adult mentor. The tools, resources and support that EmpowHer Institute annually provides its 200 to 225 students enrolled in our elective classes enable them to cope with everyday challenges, stay engaged in school, eventually graduate from high school, and design their own future. With this formula of social and emotional learning, caring adult mentors and safe spaces for individual expression, EmpowHer Institute seeks to achieve the goal of reducing the thirty-five to forty percent high school dropout rate for African-American and Latina girls.

Since incorporating as a 501(c)(3) non-profit in 2003, we have remained steadfast in our commitment to serve marginalized teen girls in Los Angeles and surrounding areas. As a result, EmpowHer Institute has impacted over 3,500 teen girls through our educational and mentoring programs.



Help us eradicate the teen drop out epidemic.

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