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4 HOURS AGO



### More than a Medal by Erin Turowski

by GORUCK

I competed in the Travis Manion Foundation's 9/11 Heroes Run in Boston, Massachusetts on 9/14/2019. Beartown Ruck Club had a particularly strong showing, with 17 of the 20 registered rucking division entrants coming from our ranks. Many of us had just come off of the NYC 9/11 HTL last weekend, which was important mentally and ...

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Rucking & Training

8 DAYS AGO